

## Reiki – Energy Transfer

Explore the traditional far-east culture – Reiki. Reiki means the flow of universal life energy through the hands and is therefore forwarded during the treatment. The goal of this method is to combine body and soul. This energetic power booster can be booked separately or in combination with any other treatment. 30,- €

## New! Reiki – Inauguration

Reiki is not taught like the other healing methods. Instead, the ability to use the Reiki energy for yourself and others is taught during an inauguration ceremony from the teacher to the students. We teach the traditional Kundalini Reiki, as well as the Gold- and Medicine Buddha Reiki to our students.

Inauguration from 150,- €

## New! Astrologically Consultation

Development takes always place on new and unknown paths. Learn more about you and your potentials based on your birth horoscope. Learn more about your resources, your talents and your possibilities. An astrologically consultation can be booked as single or as couple consultation.

According to duration and extent from 60,- €

## Happy Kids

Also the little ones are treated like prince or princess from the little toe to the crown.

**Kids facial treatment** ~ 30 min. 29,- €

**New! BINELLA medical beauty orthoCos® - Purity Treatment**  
Teenager facial treatment ~ 60 min. 59,- €

## Manicure with lacquer and decoration

~ 40 min. 39,- €

**Kids-massage** ~ 20 min. 25,- €

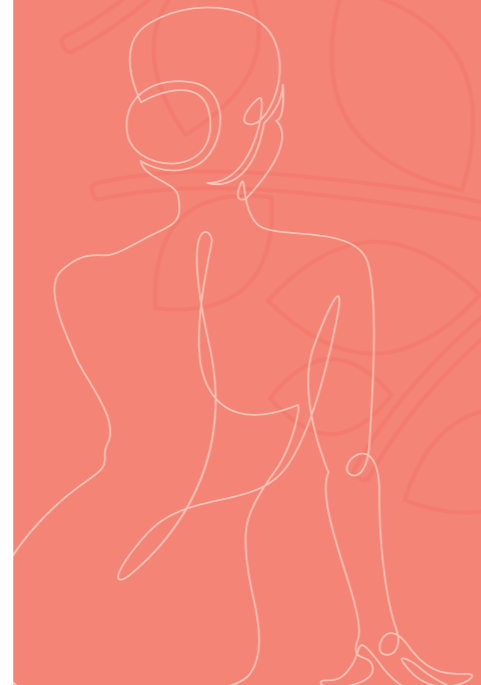
**Teenager-massage** ~ 30 min. 35,- €



„Since 25 years I follow my own vocation. I feel happy with every guest who leaves my Beautyfarm satisfied and in his own middle. I live and love my job and my treatments show that.“

### Vita

- Cosmetics specialist with diploma
- Orthomolecular cosmethologist
- Make-up artist
- Pigmentist
- Coach and instructor for Micro pigmentation and cosmetics
- Massage expert
- Reiki master
- Reiki teacher



price schedule December 2019



**ADINAS**  
BEAUTYFARM

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**Opening hours:**  
Monday-Saturday 10.00 – 18.00 p.m.  
Sundays and national holidays on request

Please note that your bookings are binding. If anything prevents you from keeping an appointment, you should cancel it in advance. Cancellations in a short advance can involve a cancellation fee. Please refer to the terms and conditions on our homepage.

**BINELLA**  
medical beauty

 **H+Hotel**  
Alpina  
Garmisch-Partenkirchen



**ADINAS**  
BEAUTYFARM

*Beauty begins the moment  
you decide to be yourself.*

Coco Chanel

Adinas Beautyfarm is located in the heart of Garmisch-Partenkirchen and offers you more than massages and cosmetical treatments.

Explore a relaxing time-out for your body as well as your spirit.

Starting with facial treatments, body treatments, massages, Reiki, permanent make-up or Yoga – our program contains everything you need to relax.

Every human is individual and has different needs. Therefore we offer you with pleasure individual consultations and treatments according to your wishes.

Just let us know – we look forward to welcome you!

## Facial Treatments

### Basics – because of love for your skin

Cleansing, peeling, eyebrow shaping, deep cleansing, face, neck and breast massage, masque and “final touch” care.  
~ 90 min. 90,- €

### Balance – like new born

Explore the first anti-aging treatment, which is addicted to the individual situation of your skin. Your teint will be bright and you will feel like new born.  
~ 90 min. 99,- €

### **New!** BINELLA medical beauty Cell IQ® – Anti Wrinkle Treatment

An unique treatment for a skin with lack of humidity. Lines and wrinkles will be filled up.  
~ 75 min. 95,- €

### **New!** BINELLA medical beauty Cell IQ® – Face Design Treatment

This face design treatment helps the skin to new firmness and humidity.  
~ 75 min. 95,- €

### For men – the freshness kick for men

Refreshing facial treatment inkl. cleansing, peeling, deep cleansing, masque and “final touch” care. During the masque, we pamper your head with an relaxing massage.  
~ 60 min. 65,- €

### **New!** Ultrasonic Treatment ♂♀

A treatment with Ultrasonic increases obviously the effect inside and outside. The pure ingredients of the orthomolekular essences are penetrated to the deepest skin zones. An ultrasonic treatment can be booked separately or in combination with any other facial treatment.  
Duration according to arrangement from 30,- €

## Hand- and Feet Treatments

**Manicure without lacquer ♂♀** ~ 45 min. 38,- €  
**Manicure with lacquer ♀** ~ 60 min. 49,- €  
**Wrapping of hands** 10,- €  
**Pedicure without lacquer ♂♀** ~ 50 min. 48,- €  
**Pedicure with lacquer ♀** ~ 60 min. 59,- €

## Body Treatments

### Cellulite- and Slimming-Treatment

~ 90 min. 105,- €

### **New!** Slimming wraps

~ 50 min. 65,- €

### Full body Peeling

With brown sugar or sea salt and coconut oil.  
~ 40 min. 49,- €

### Full body cream treatment

With sesam oil, coconut oil and a moisturizing lotion.  
~ 40 min. 49,- €

## Massages

Come again to the flow with our relaxing body massages. According to your relaxing time, you can feel the come together of body and soul.

### Relaxing head massage

Duration according to arrangement ~ 30 min. ~ 50 min.  
39,- € 59,- €

### Vitalizing back massage

Duration according to arrangement ~ 30 min. ~ 50 min.  
39,- € 59,- €

### Relaxing foot reflex zone massage

Duration according to arrangement ~ 30 min. ~ 50 min.  
39,- € 59,- €

### Active full body massage

To relax the muscles especially in the back and legs.  
Duration according to arrangement ~ 50 min. ~ 80 min.  
69,- € 89,- €

### **New!** Wellness trip to your own middle

Enjoy this unique and relaxing treatment for your body, your soul and your spirit. During the energetic massage, we wake up your own life energy with Reiki. This absolutely relaxing massage increases your general feeling, influences the health of your body and activates your self healing strenght.  
Duration according to arrangement ~ 80 min. ~ 90 min.  
99,- € 119,- €

### On the top of harmony

This massage is a pure source of relaxation, not only for your skin. Enjoy the wonder of a calm spirit in a relaxed body. We accompany you and lead you with this massage to harmony and in one line with your body.

Duration according to arrangement ~ 90 min. ~ 120 min.  
120,- € 150,- €

### Wellness-Shorty ♂♀

Only a short time-out brings you relaxation and wellbeing. In this paket we offer you a moisturizing facial treatment and a short but relaxing back massage.

~ 90 min. 95,- €

### Wellness-Shorty ♂

What men need to relax. In this program you can enjoy the absolute energy kick and get a back, a foot and a head massage.

~ 60 min. 65,- €

### **New!** Raindrop-Technique®

~ 75 min. 90,- €

## Make-up Arts

### Permanent Make-Up

In an individual consultation we explain you all advantages of micro pigmentation.  
Price on request

### Daily-/Evening Make-up

from 29,- €

### Bride Make-up

Including consultation in advance and type specific explanations. 89,- €

### Make-up Consultation

~ 60 min. 69,- €

## Additional Treatments

**Special active substances** 18,- €

**Eyebrow shaping** from 14,- €

**Eyelashes coloring** 14,- €

**Eyebrow coloring** 12,- €